

2 Day Nunchaku Seminar

May 21 & 22 2010

Friday 7:00 PM – 8:30 PM - **Saturday** 10:00 AM – 1:00 PM

- **Everyone is Welcome** -

Beginners, Colored Belts, Black Belts, All Styles.
Men, Women, Children

When: **May 21 & 22 2010**

Where: **American Karate Kung-Fu Studio**
3115 E. Cleveland Blvd.
Caldwell, ID 83605



Cost: \$50.00 Pre-registration (May 14th deadline) \$60.00 at the door
The cost will cover your seminar fee and a pair of padded nunchukus

Space is limited so register early.

For more information: Call
Master Mike Winchester at:
208-454-9590



This Seminar is specifically designed to teach the practical street application for the Nunchaku.

Friday: We will cover the basics, learn to handle, and be comfortable with the Nunchuku.

Saturday: We will learn practical self-defense techniques from a variety of attacks.

